

“The Catechism, when studied and unpacked, can invigorate all those involved in faith development processes, giving them new momentum. Catechetical programmes for adults, as well as children, for home as well as parish, depend for their direction on the universal Catechism of the Catholic Church in the first place...”

**Share the Good News: National Directory for Catechesis in Ireland (Irish Episcopal Conference), 74**

“I joined the course to deepen my knowledge of the Faith. One of the images used in our conversation was that the Catechism is like an oil-well, suddenly discovered in the back garden. Every week we plumbed its riches, drawing on the wealth of Sacred Scripture, Tradition and the Magisterium in its pages, eager to share it with the Church and the world.”

**John, Catechism Course Student, Derry City**

“A group that gathers to reflect and study the Catechism gathers in faith; they gather because they are first gathered by the Holy Spirit... Yes, the study of the Catechism gives us an anchor in a world where everything is questioned and where there is no agreement about fundamental principles or standards. The Catechism Studies equips people with a language that enables them to engage confidently with others in discussion of matters of faith and its dimensions. That is a very beautiful task that you have – to facilitate, to make easy, the action of the Holy Spirit in the life of another.”

**Most Rev Brendan Kelly, Bishop of Galway, Kilmacduagh and Kilfenora**

“As facilitator I work systematically through the text of the Catechism with a group of adults in the presence of our priest spiritual director. For me, discussing matters of faith with adults is most exhilarating and enriching. We explore the text, try to understand it and apply it to our lives. We learn from one another. I really enjoy it.”

**Caoimhe, Study Group Facilitator, Dublin**

“My priesthood has been deeply enriched by this Catechism study. From preparing my Gospel reflections each week, to reading the Catechism and learning from the shared insights of the group members, I’ve been blessed as a spiritual director to see people grow in their appreciation and understanding of the faith. Indeed, for many, this has been life-changing.”

**Fr. Shane O’Neill, Study Group Spiritual Director, Waterford**

## WHAT THE POPES SAY...

“The Catechism of the Catholic Church presents the faithful with the perennial teaching of the Church so that they can grow in their understanding of the faith. But it especially seeks to draw our contemporaries – with their new and varied problems – to the Church, as she seeks to present the faith as the meaningful answer to human existence at this moment of history”



*Franciscus* 11 October 2017

“Read the Catechism of the Catholic Church and rediscover the beauty of being Christian, of being church, of living as part of the great ‘we’ that Jesus formed around him to evangelise the world”



*Benedictus PP XVI* 15 July 2012

“May the Catechism serve the renewal to which the Holy Spirit ceaselessly calls the Church of God, the Body of Christ, on her pilgrimage to the undiminished light of the Kingdom”



*Joannes Paulus PP II* 11 October 1992

**For Further Information visit  
[www.catechism.ie](http://www.catechism.ie)**

Máirín Ní Shúilleabháin B.A. Div.

Co-ordinator, Adult Studies - Catechism of the Catholic Church

MOB 087 795 0325 EMAIL [catechism@corkandross.org](mailto:catechism@corkandross.org)

# CATECHISM OF THE CATHOLIC CHURCH

## ADULT STUDIES



“Guarding the deposit of faith is the mission which the Lord has entrusted to His Church and which she fulfils in every age”

*Joannes Paulus PP II*

**POPE ST. JOHN PAUL II  
FIDEI DEPOSITUM**

### YEAR 1 THE PROFESSION OF FAITH

- WEEK 1 Introductions and Prologue (I)
- WEEK 2 Introductions and Prologue (II)
- WEEK 3 Man's Capacity for God
- WEEK 4 The Revelation of God
- WEEK 5 Sacred Scripture
- WEEK 6 Man's Response to God
- WEEK 7 I Believe in God
- WEEK 8 God and Creation
- WEEK 9 The Mystery of Creation
- WEEK 10 The Human Person made in God's Image
- WEEK 11 The Reality of Sin
- WEEK 12 I Believe in Jesus Christ

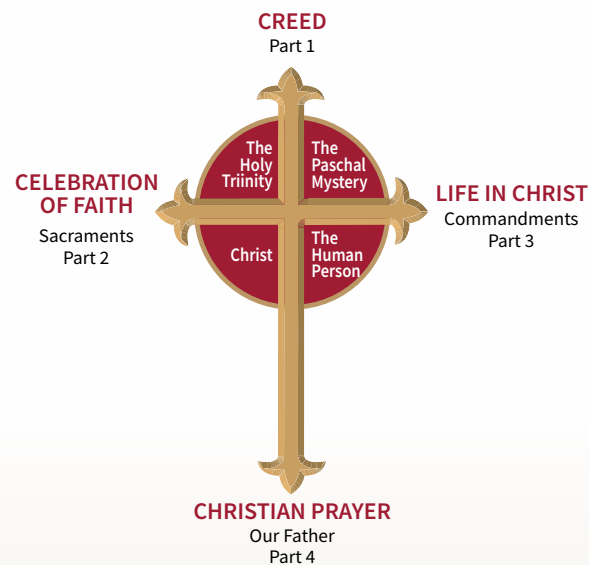
- WEEK 1 The Word Became Flesh... Born of the Virgin Mary
- WEEK 2 Christ's Whole Life is Mystery
- WEEK 3 The Paschal Mystery
- WEEK 4 Jesus Died Crucified
- WEEK 5 Resurrection... Ascension...  
He Will Come Again in Glory
- WEEK 6 I Believe in the Holy Spirit
- WEEK 7 The One, Holy, Catholic and Apostolic Church (I)
- WEEK 8 The One, Holy, Catholic and Apostolic Church (II)
- WEEK 9 The One, Holy, Catholic and Apostolic Church (III)
- WEEK 10 The Communion of Saints & The Motherhood of Mary
- WEEK 11 Death and Judgement
- WEEK 12 The Life Everlasting

### YEAR 2 CELEBRATION OF THE CHRISTIAN MYSTERY; LIFE IN CHRIST (I)

- WEEK 1 Celebrating the Christian Mystery
- WEEK 2 The Liturgy - Work of the Holy Trinity
- WEEK 3 Celebrating the Church's Liturgy (I)
- WEEK 4 Celebrating the Church's Liturgy (I)
- WEEK 5 Celebrating the Church's Liturgy (II)
- WEEK 6 Sacrament of Baptism (I)
- WEEK 7 Sacrament of Baptism (II); Sacrament of Confirmation
- WEEK 8 Sacrament of the Eucharist (I)
- WEEK 9 Sacrament of the Eucharist (II)
- WEEK 10 Sacrament of the Eucharist (III);  
Sacraments of Healing
- WEEK 11 Sacrament of Penance and Reconciliation (I)
- WEEK 12 Sacrament of Penance and Reconciliation (II)

### WHY STUDY THE CATECHISM?

- It teaches the Faith clearly, unambiguously and fully.
- It leads us to Christ and life in Him.
- It is a serious presentation for adults of a living faith for today.



The study of the Catechism consists of daily reflection/study and a weekly group meeting with a Spiritual Director and a facilitator.

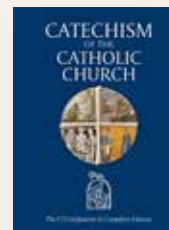
### THE STUDY YEAR

September - December (12 weeks)  
January - April (12 weeks).

The study is undertaken in the context of prayer and evangelisation.

### REQUIREMENTS

- *The Jerusalem Bible*
- *Catechism of the Catholic Church*
- Copy of Course Notes



- WEEK 1 Sacrament of the Anointing of the Sick
- WEEK 2 Sacrament of Holy Orders (I)
- WEEK 3 Sacrament of Holy Orders (II);  
Sacrament of Marriage (I)
- WEEK 4 Sacrament of Marriage (II);  
Other Liturgical Celebrations
- WEEK 5 The Moral Life - The Vocation to Beatitude
- WEEK 6 Human Freedom and Moral Action
- WEEK 7 Moral Conscience; The Virtues (I)
- WEEK 8 The Virtues (II); Sin
- WEEK 9 The Human Community
- WEEK 10 God's Salvation: Law and Grace
- WEEK 11 Grace and Justification
- WEEK 12 The Church, Mother and Teacher

### YEAR 3 LIFE IN CHRIST (II); CHRISTIAN PRAYER

- WEEK 1 The First Commandment
  - WEEK 2 The Second & Third Commandments
  - WEEK 3 The Fourth Commandment
  - WEEK 4 The Fourth & Fifth Commandment
  - WEEK 5 The Fifth Commandment
  - WEEK 6 The Fifth Commandment
  - WEEK 7 The Sixth Commandment
  - WEEK 8 The Sixth Commandment
  - WEEK 9 The Sixth & Seventh Commandments
  - WEEK 10 The Seventh Commandment
  - WEEK 11 The Seventh & Eighth Commandments
  - WEEK 12 The Eighth, Ninth & Tenth Commandments
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- WEEK 1 What is Prayer?
  - WEEK 2 The Revelation of Prayer (I)
  - WEEK 3 The Revelation of Prayer (II); Forms of Prayer (I)
  - WEEK 4 Forms of Prayer (II)
  - WEEK 5 The Way and Life of Prayer (I)
  - WEEK 6 The Way and Life of Prayer (II)
  - WEEK 7 The Way and Life of Prayer (III)
  - WEEK 8 The Lord's Prayer (I)
  - WEEK 9 The Lord's Prayer (II)
  - WEEK 10 The Lord's Prayer (III)
  - WEEK 11 The Lord's Prayer (IV)
  - WEEK 12 Addendum: READING FOR LIFE

